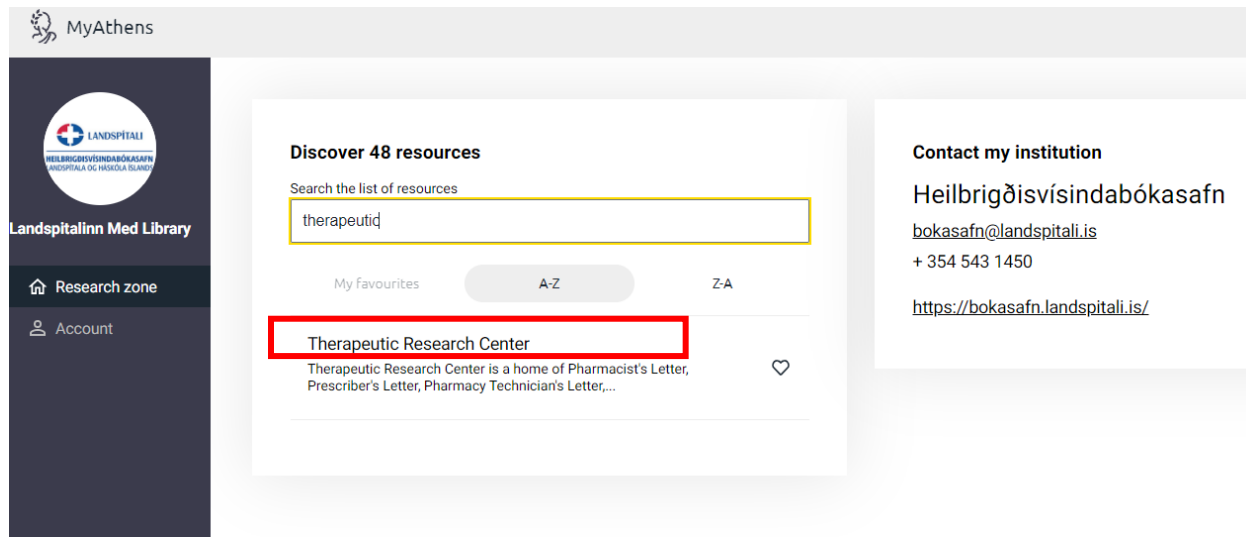


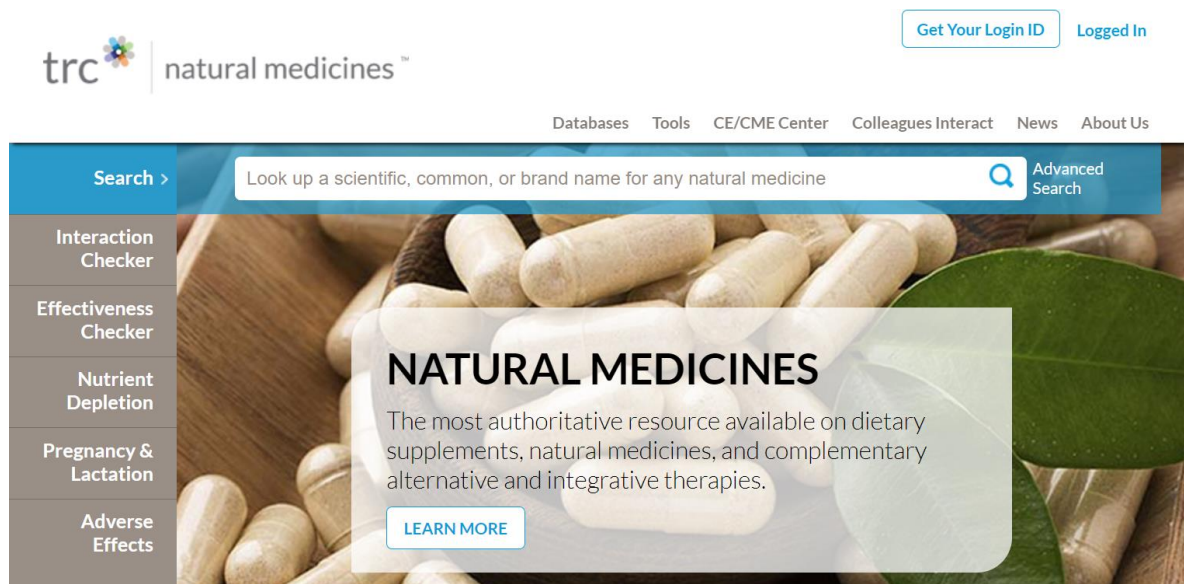
Natural Medicines - fjaraðgangur

Til þess að komast inn í Natural Medicines í fjaraðgangi þarf að fara í gegnum OpenAthens síðuna <http://my.openathens.net/my> og skrá sig inn með OpenAthens notandanafni og lykilorði. Sláið inn Therapeutic Research Center í leitarstikuna.



The screenshot shows the MyAthens interface. On the left is a dark sidebar with the Landspítali logo and navigation options: "Research zone" and "Account". The main content area is titled "Discover 48 resources" and features a search bar with the text "therapeutið". Below the search bar are buttons for "My favourites", "A-Z", and "Z-A". A search result for "Therapeutic Research Center" is highlighted with a red box. To the right, there is a "Contact my institution" section for Heilbrigðisvísindabókasafn, including an email address, a phone number, and a website URL.

Þá á Natural Medicines gagnagrunninn að opnast, athugið að það ætti að standa *logged in* efst í hægra horni.



The screenshot shows the homepage of the Natural Medicines website. At the top right, there are buttons for "Get Your Login ID" and "Logged In". The main navigation bar includes "Databases", "Tools", "CE/CME Center", "Colleagues Interact", "News", and "About Us". A search bar is prominently displayed with the text "Look up a scientific, common, or brand name for any natural medicine". On the left side, there is a vertical menu with options: "Interaction Checker", "Effectiveness Checker", "Nutrient Depletion", "Pregnancy & Lactation", and "Adverse Effects". The main content area features a large image of pills and a green leaf, with the text "NATURAL MEDICINES" and a description: "The most authoritative resource available on dietary supplements, natural medicines, and complementary alternative and integrative therapies." A "LEARN MORE" button is located below the text.